



LEMON



Essential Oil

As a bright, crisp, clean, citrus scent, lemon is known for its versatile functions for personal body use, as a cleaning aid, and as a food and beverage enhancer.

Benefits

- Cleanses and purifies the air and surfaces*
- Naturally cleanses the body and aids in digestion*
- Supports healthy respiratory function*
- Promotes a positive mood and cognitive ability*
- Helps ward off free radicals with its antioxidant benefits*
- Soothes irritated throat*
- Enhances ordinary drinking water

Uses

- Place 2 - 3 drops in diffuser water and breathe in
- Dilute with fractionated coconut oil for a purifying full-body massage or use topically on sensitive skin
- Place 1 drop in 4 ounces of water and ingest
- Mix 2 - 3 drops with water in a spray bottle to clean and degrease surfaces

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Zen products are now available in gift sets so you can deliver a positive and memorable message to those you cherish most. (E-Diffuser w/Duo 15mL Dropper & 10 mL Roller Bottle Shown)